



急性出血性脑卒中的诊疗进展

Diagnosis and treatment of acute hemorrhagic stroke

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Stroke

American Stroke Association_s



JOURNAL OF THE AMERICAN HEART ASSOCIATION

A Division of American Heart Association

AHA/ASA Guideline

Guidelines for the Management of Spontaneous Intracerebral Hemorrhage

A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association

脑出血是危害人类健康的常见病,多发病。具有发病急、病情重、变化快、死亡率和残废率高等点。

Lewis B. Morgenstern, J. Claude Hemphill III, Craig Anderson, et al. Guidelines for the Management of Spontaneous Intracerebral Hemorrhage. Stroke. 2010;41:2108-2129.

高血压脑出血



Hypertensive Intracerebral Hemorrhage (HICH)

HICH是一种急症,在高血压的情况下,发生脑实质内的出血。即由于高血压等致病因素导致脑血管病变而发生的脑内出血。

HICH的快速诊断和评估至关重要。

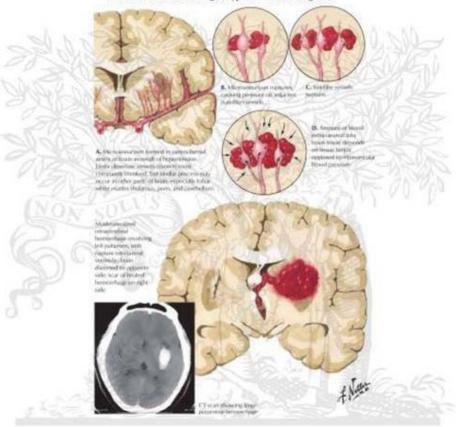




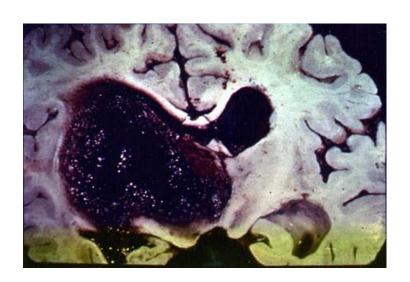
高血压脑出血的病理生理变化











血块---物理性损伤 血肿代谢产物---化学性损伤 脑脊液循环障碍

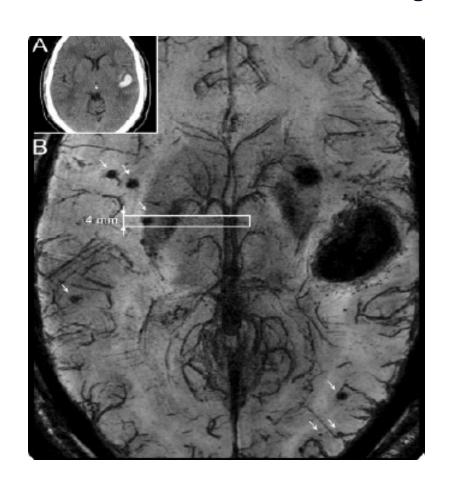




脑出血及多发微出血



Intracerebral hemorrhage and multiple microbleeds



多发微出血可能是术后 其他部位发生再出血的诱因。 脑出血发生后,其他部位的 微出血因血肿机械压迫作 用而停止出血,当血肿被移 除后,微出血失去机械的压 迫作用而继续出血。临床表 现为再出血。

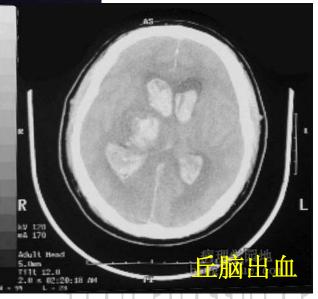
Multiple micro-bleeding may be the reason of rebleeding in other parts .After ICH the effect of mechanical press stop bleeding. When the hematoma was removed, microbleeding continue bleeding for the loss of mechanical pressure.

不同部位的脑出血

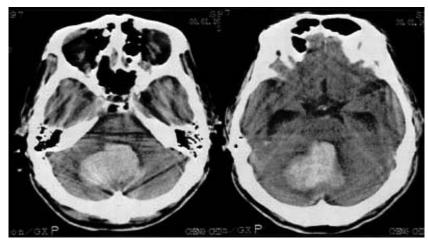




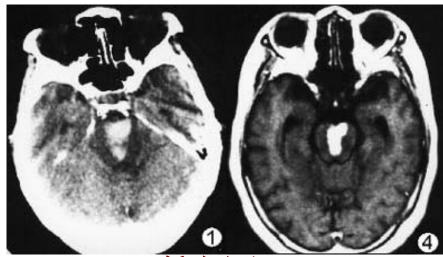




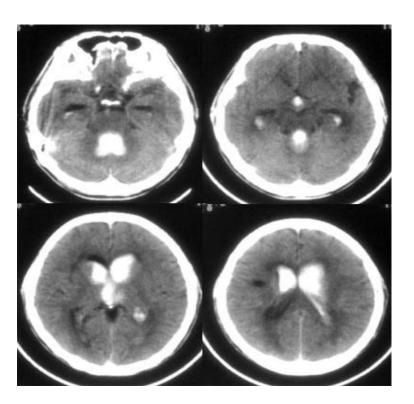




小脑出血



桥脑出血

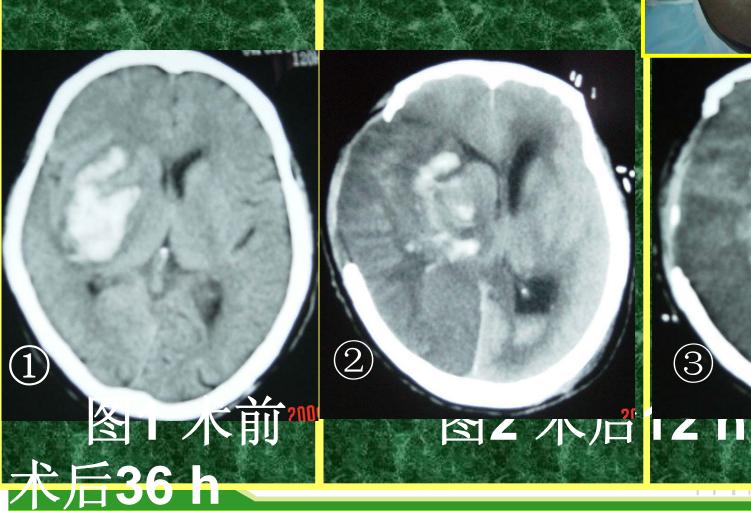


脑室内出血



手术方法

1.1血肿清除+去骨瓣减压术-治疗脑出血







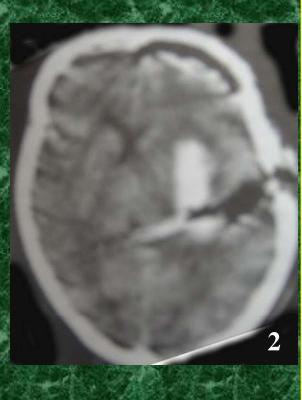
手术方法



1.2小骨窗显微手术+引流术



1 术前脑CT;



2 小骨窗显微 手术后CT;

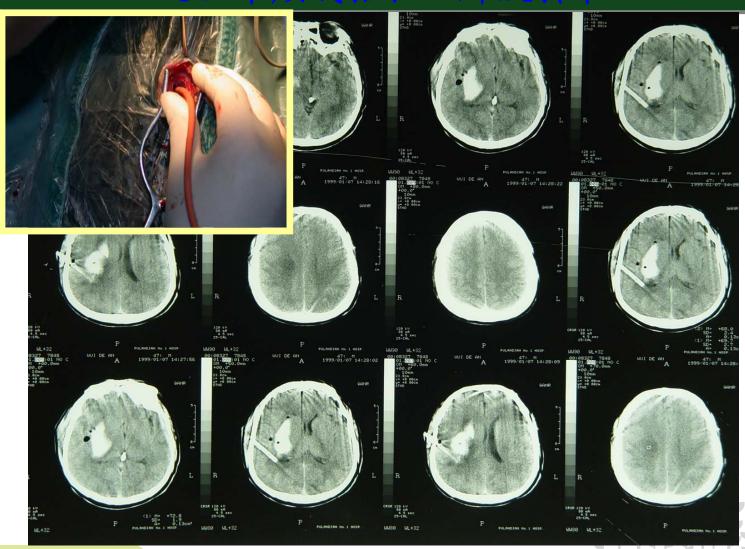


3 引流术中CT, 出血大部分被清除, 见引流管、小骨窗。

手术方法



3、锥颅或钻孔血肿吸引术





Brain Hemorrhage

Neil A. Martin, MD

Professor and Chair, Department of Neurosurgery

Co-Director, UCLA Stroke
Center

ICCN, 2010



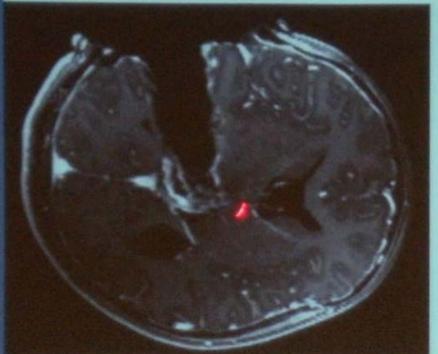


Neil Martin, MD





In-OP 1st scan





术中核磁共振

2464例自发性脑出血病例的外科治疗



一项来自中国大陆的多中心、单盲、随机对照研究 (赵继宗等)

目的:比较三种不同的神经外科方法常规开颅治疗(COC)、CT引导钻颅置管血肿抽吸术(CTGA)和微创外科血肿清除术(KIA)治疗自发性脑出血的效果。

方法: 2001.9-2003.9; 中国大陆135家医院; 2464例患者; 单盲

结果: 术后1月和3月内的死亡率分别为19.3%和21.1%; GCS<=8分的患者术后3个月的死亡率(M3m)为GCS>=8分患者的3.5倍; COC组的M3m(24.6%)高于KHA(17.6%)和CTGA(20.6%); COC组的术后并发症发生率(29.9%)显著高于CTGA组(24.8%, P=0.015)

结论:<u>与COC相比,KHA和CTGA治疗高血压脑出血能带来更有利的结果,更低的致死率和致残率</u>

AHA/ASA Guideline (2010)



手术推荐意见:

- 1. 对于大多数ICH患者而言,手术的作用尚不确定。(IIb C)
- 2. 小脑出血伴神经功能恶化、脑干受压和/或脑室梗阻致脑积水者应尽快手术清除血肿。(IB)(根据前版修订)不推荐以脑室引流作为该组患者的初始治疗。(IIIC)
- 3. 脑叶出血超过30m1且血肿距皮层表面1cm以内者,可考虑开颅清除幕上血肿。 (II b B) (根据前版修订)
- 4. 把立体定向设备或内镜单用,或与溶栓药物联用,以微创的方式清除血肿, 其效果尚不确定,目前正处于研究阶段。(IIb B)
- 5. 尽管理论上来看有效,但是没有明确的证据表明超早期清除幕上血肿可以改善临床预后或降低死亡率。极早期开颅清除血肿可能增加再出血的风险,从而产生负面作用。(III B)



血肿清除术式



趋势

- ▶ 大骨瓣开颅血肿清除减压术 Craniotomy
- ▶ 小骨窗开颅锁孔手术 Keyhole operation
- ▶ 神经内镜微创手术 Endoscopic surgery
- ➤ 有框架立体定向血肿清除术 Flame stereotactic neurosurgery
- ➤ 无框架立体定向血肿清除术
 Frameless stereotactic neurosurgery
- ▶ 简易立体定向术 Simplified stereotaxy

微创

方体定向血肿吸引术

Cuboid stereotactic aspiration of hematomas, CSA

方体定向血肿吸引术



Cuboid stereotactic aspiration of hematomas, CSA

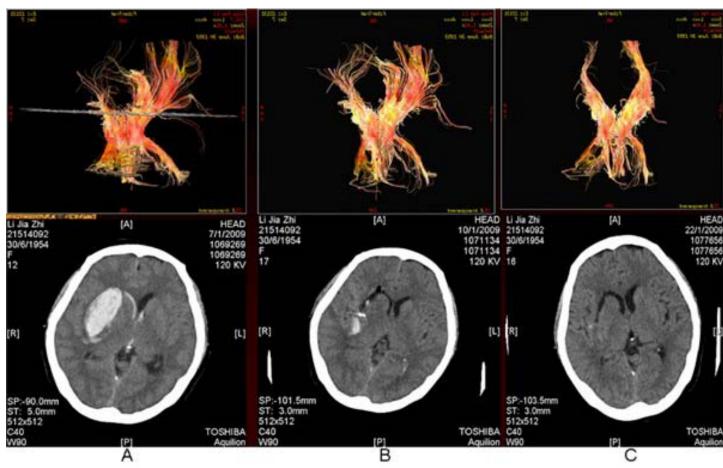
理念 notion 定位精确(Positioning accuracy) 软性微创(Minimally Invasive) 功能恢复(Functional recovery)

特点 character 科学安全(Scientific & safety) 操作简便(Simply operate) 费用低廉(Functional recovery)

目标 target 急诊救治(Emergency Treatment) CT 监测 (CT monitoring) 疗效显著(Significant effect)

血肿清除



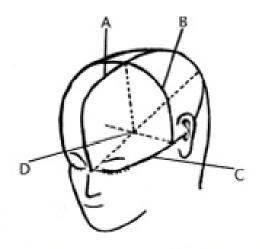


Guofeng Wu, Likun Wang, Zhen Hong, Yuanhong Mao and Xiaochun Hu. Effects of minimally invasive techniques for evaluation of hematoma in basal ganglia on cortical spinal tract from patients with spontaneous hemorrhage: observed by diffusion tensor imaging. Neurological Research.

定位原理

Positioning theory



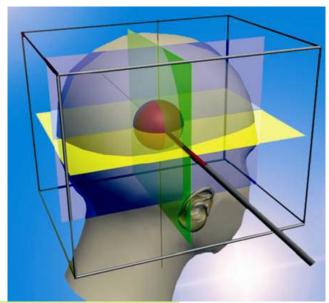


A:Sagittal plane 矢状面

B: Coronal plane 冠状面

C:horizontal plane水平面

D:Plane intersection 三面交点



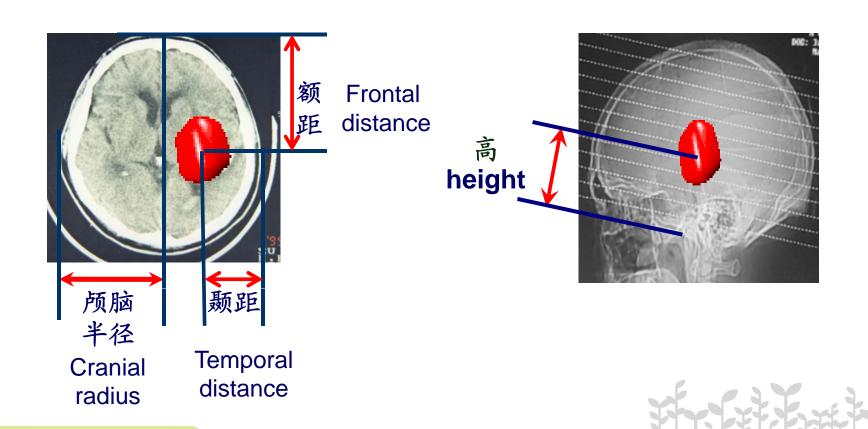
根据颅脑表面标志定位

- · 以CT扫描的层面作为水平面
- 以颅脑前后正中面为矢状面
- 以定位尺确定颅脑的冠状面
- 在病人头皮上画出代表上述 三个平面的头部立体投影曲线

CSA---数据获取



one radius, three distances



手术器械









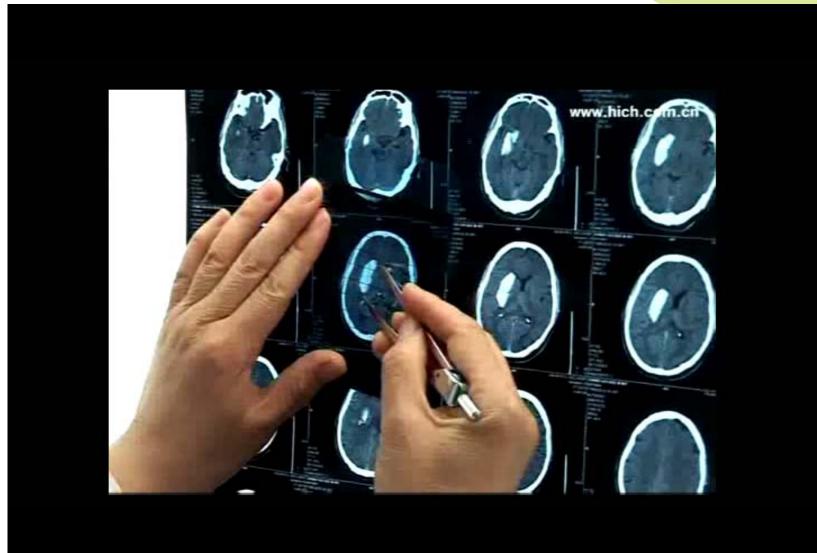






手术操作过程







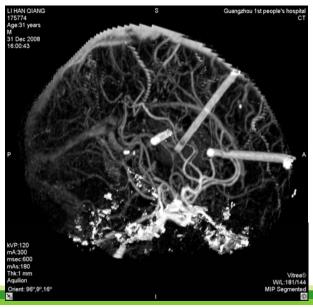
CSA安全评估

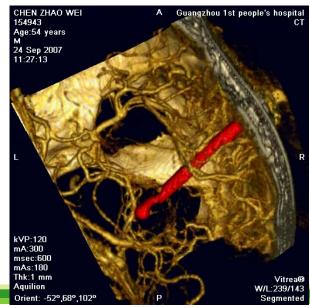












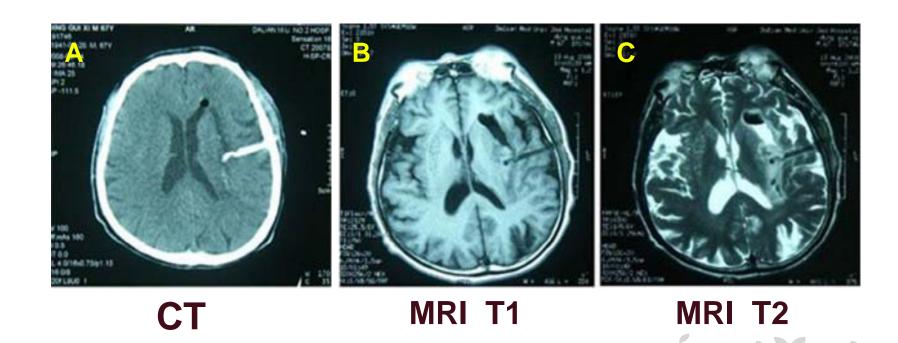
手术安全评估 Security Assessment

脑组织损伤 brain injury



Peri-catheter edema is slight

Mild brain injury



方体定向血肿吸引术与内科比较



75例高血压少量脑出血(10~30m1), 随机分成方体定向血肿吸引术(微创组)36例与内科保守治疗组(内科组)39例

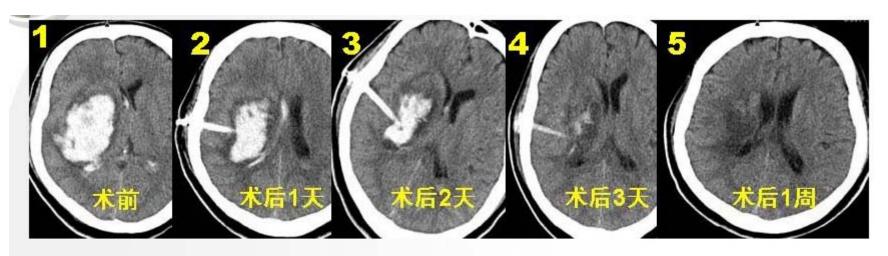
分组	住院天 数(天)	住院费用 (元)	血肿完全 清除或吸收时 间(天)	近期(1月) 神经功能恢 复优良率	远期(6月)神经功能恢 复良好率
微创组	9.6	5136.3	3. 81)	58%	50%2)
内科组	23.6	11843.6	24	29%	16%

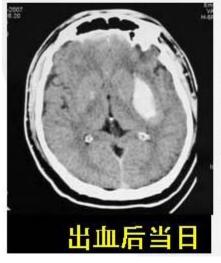
与内科组相比较: 1) P < 0.05; 2) P < 0.01

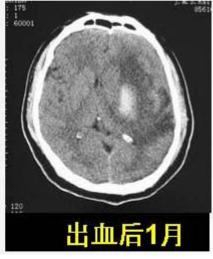
结论: 微创组比内科组明显缩短住院治疗时间, 功能恢复优良率高, 降低了死亡率, 临床费用减少。

骆锦标等.定向置管吸引术与内科保守治疗基底节区少量出血的疗效分析.南方医科大学学报,2008,28(8):1352-1357













手术安全评估 Security Assessment

头皮损伤 scalp injury



▶开颅去骨瓣 Craniotomy



▶方体定向吸引术 CSA



▶小骨窗锁孔手术 Keyhole operation



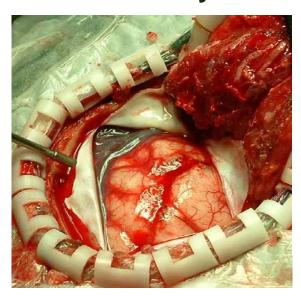


手术安全评估 Security Assessment

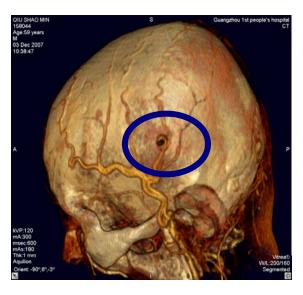
颅骨损伤 skull injury



▶开颅去骨瓣 Craniotomy



▶方体定向吸引术 CSA

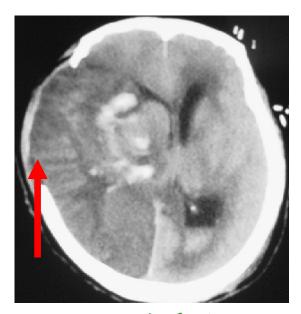


▶小骨窗锁孔手术 Keyhole operation

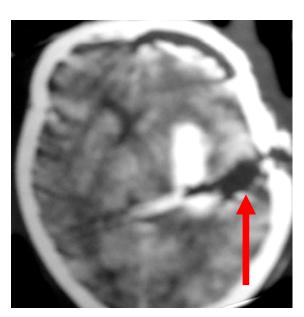




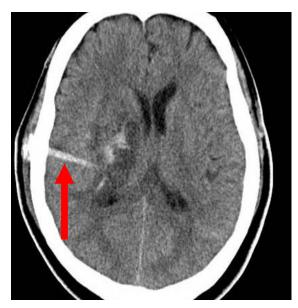




开颅去骨瓣



小骨窗入路

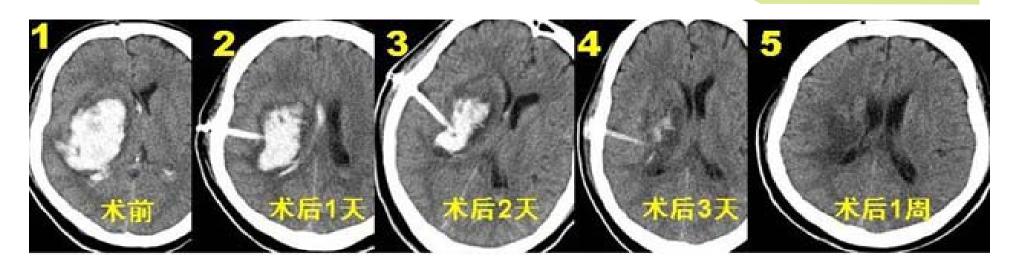


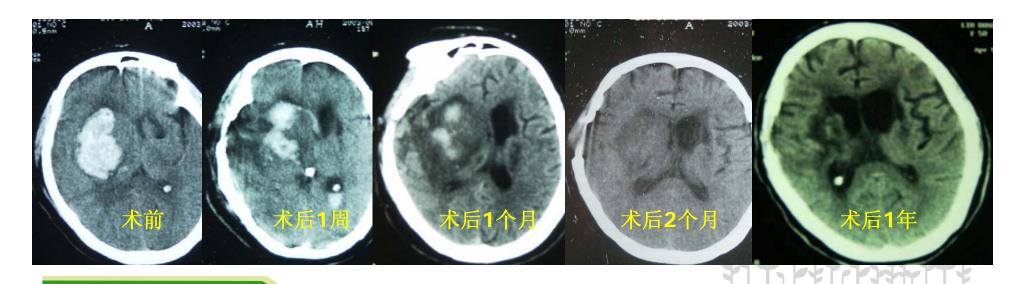
方体定向血肿吸引术



方体定向血肿吸引术与骨窗手术治疗脑出血的 CT动态观察比较







方体定向血肿吸引术与开颅术比较



对136例高血压脑出血病例,根据GCS评分(GCS < 8分), 随机分成方体定向血肿吸引术组(微创组)和外科开颅术组(开颅组)

分组	例数	近期(1个月)	远期(6个月)	死亡率
		优良率	良好率	(30天)
微创组	66	58.5% ¹⁾	48.3 % 2)	4.6 %
开颅组	70	38.6 %	26.8 %	15.3 %

与开颅组相比较: 1) P < 0.05; 2) P < 0.01

结论: 方体定向血肿吸引术较开颅手术能明显改善重、较重型高血压脑出血病人的预后,降低病人残死率。

骆锦标,孙树杰等.方体定向置软管血肿排空术与开颅术救治重型高血压脑出血的比较分析.大连医科大学学报.2009,31(4):299-302

病例介绍: 丘脑出血(CT下)

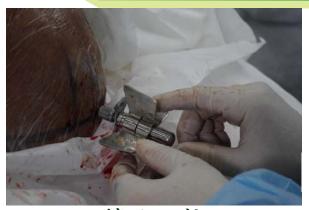




术前画线定位 Line before operation



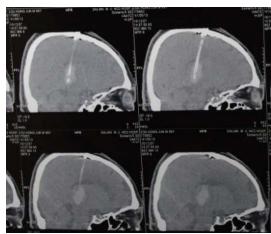
复查CT明确定位点 Clear Location

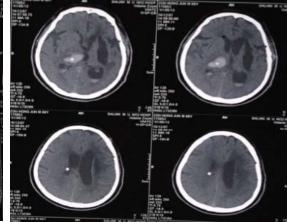


锁孔、校正 Inplant keyhole device & correct the orientation



术中置管 Insert tube



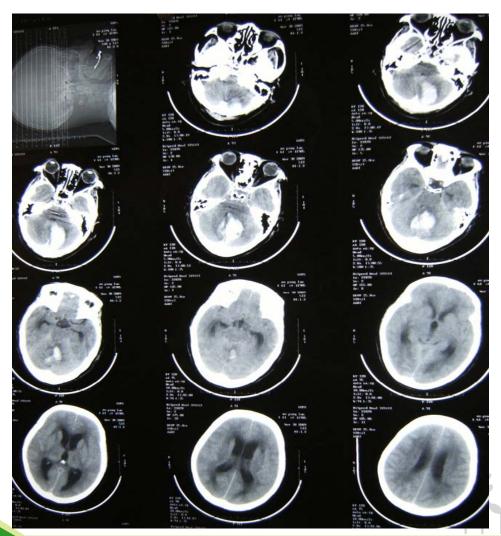


术中复查CT Review CT

病例介绍: 小脑出血

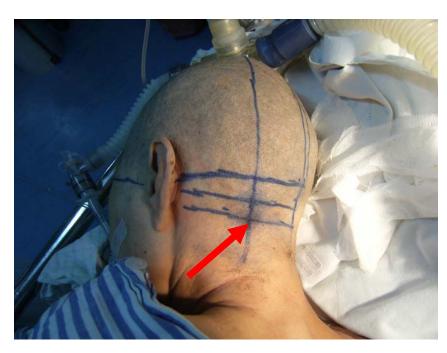


女性,60岁,突发头痛、呕吐伴神智不清一天。

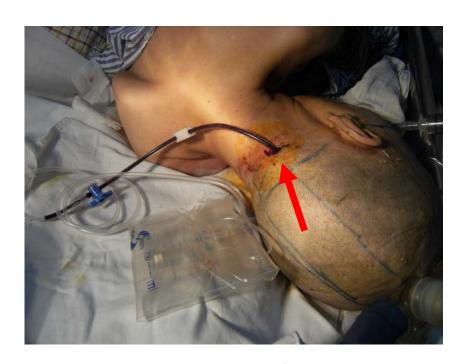


病例介绍: 小脑出血





术前方体定位

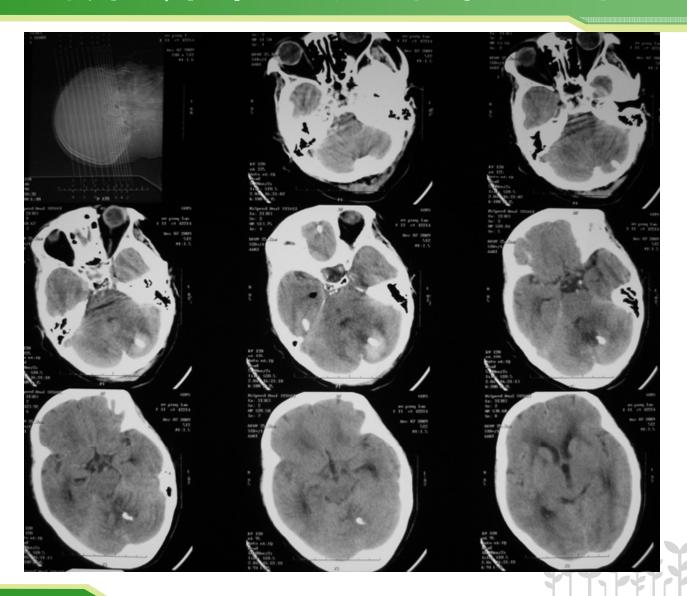


小脑出血置管引流



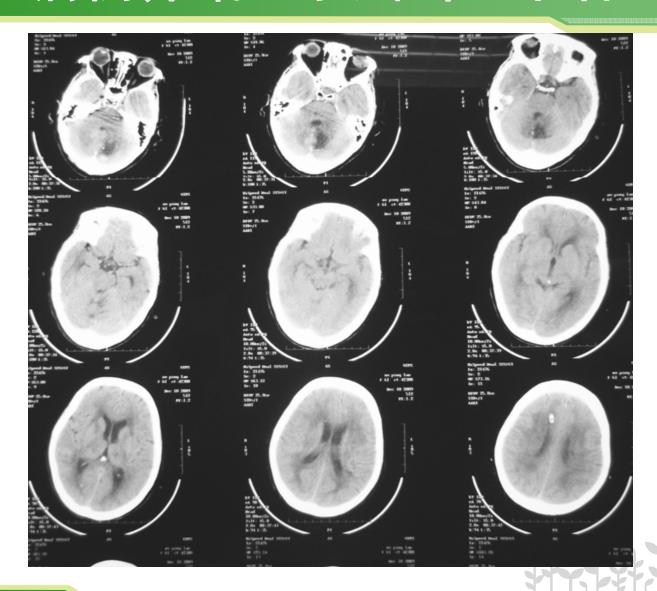
病例介绍: 小脑出血术后





病例介绍: 小脑出血术后

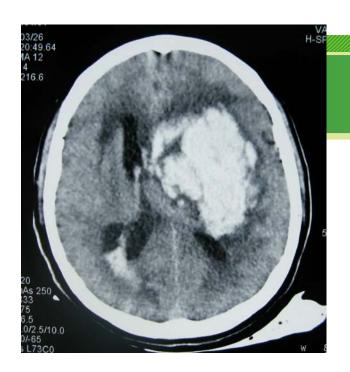


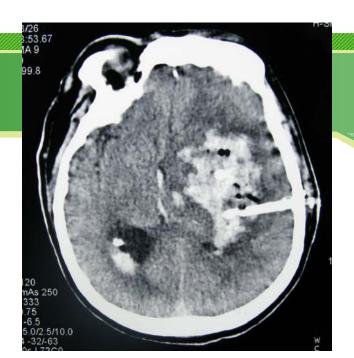


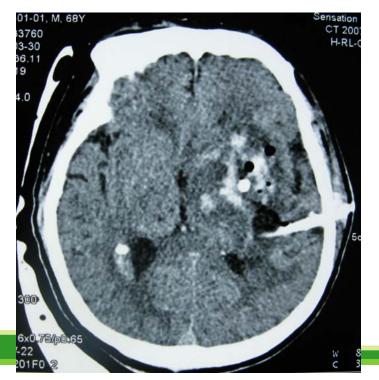








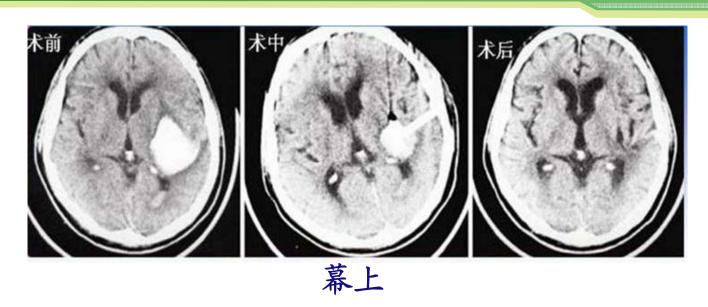


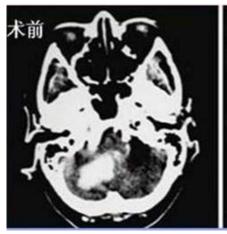


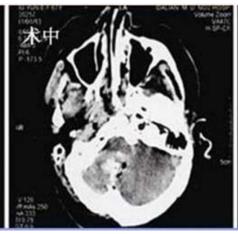


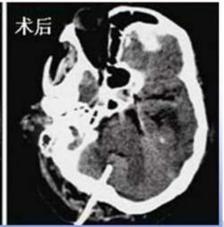
CSA单管治疗幕上、幕下脑出血







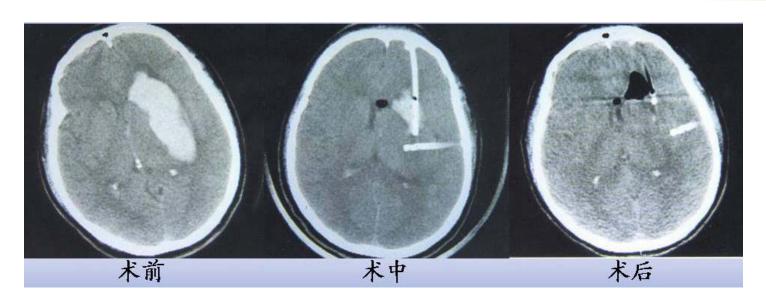




幕下

CSA多管治疗脑出血

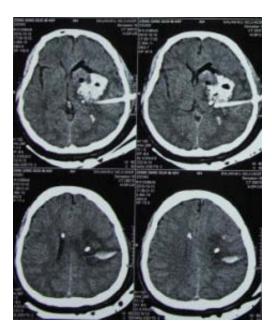






多管技术

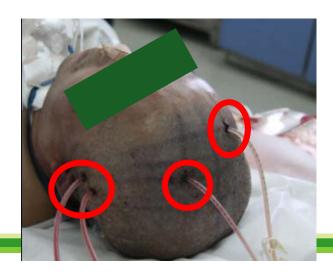


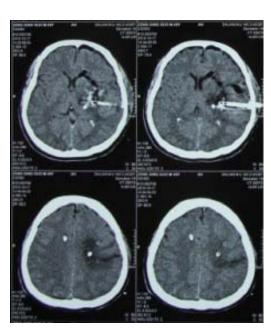


during-operation



pre-operation





post-operation



特殊病例介绍



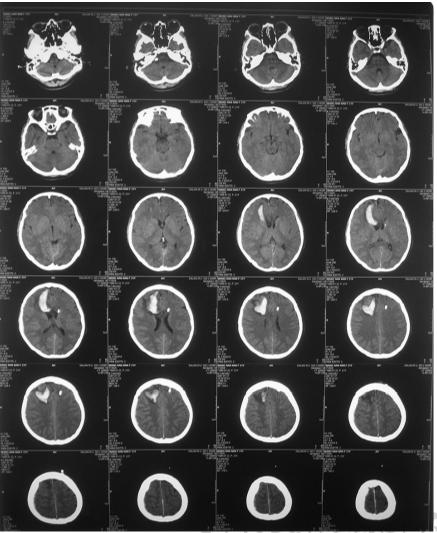
CSA救治21岁心肺复苏的脑出血病人



before discharge







特殊病例----救治妊高症合并脑出血的病人

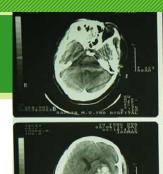


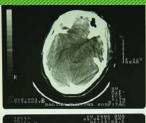


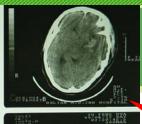




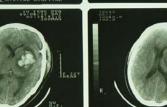








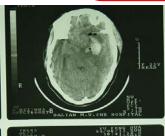






Before surgery







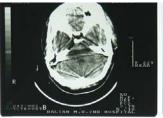






1 day after surgery













3 day after surgery

特殊病例介绍

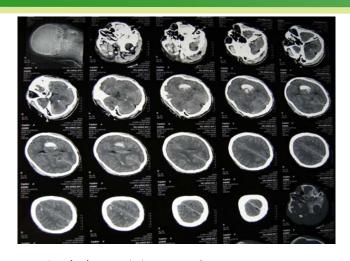


CSA救治65岁心肺复苏的脑出血病人



救治寰枢关节半脱位合并脑出血的病人





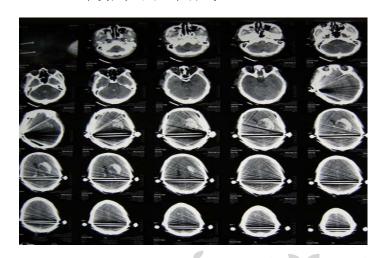
方庆初,男, 29岁, D773725



寰枢关节半脱位



持续骨牵引



伤后第二天脑疝

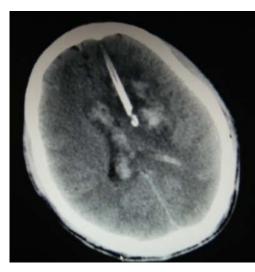




术前画线定位



抽吸出的血



复查CT



置管



术后清醒



全国各地培训及开展情况









Thank you.



